

# October 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Rice Crispy Cereal & Milk  Meatballs w/ sauce, Peas, Pineapples & Milk  Crackers, Cheese & H2O	4 Toast w/ Jelly & Juice  Turkey Wrap, Steamed Broccoli, Peaches & Milk  Fig Bars & Juice	5 Cinnamon Toast & Juice  Chicken Patty Sandwiches, Mashed Potatoes, Mandarin Oranges & Milk  Carrots w/ Ranch	6 Buttered Grits & Juice  Sloppy Joe Sandwiches, Applesauce, Corn & Milk  Sliced Oranges, Crackers & H2	7 Corn Puff Cereal & Milk  Cheese Pizza, Green Beans, Pineapples & Milk  Sliced Apples, Crackers & H2O	8
9	10 Cornflakes & Milk  Macaroni & Cheese, Peas, Pears & Milk  Sliced Apples, Crackers & H2O	11 Waffles & syrup & Juice  Beef Ravioli, Garden Salad, Peaches & Milk  Animal Crackers & Juice	12 English Muffins w/ Jelly & Juice  Chicken Nuggets, Peas & Carrots, Pineapple & Milk  Club Crackers, Cheese & H2O	13 Blueberry Muffins & Juice  Turkey 'n Gravy, Mashed Potatoes, Green Beans, Roll & Milk  Bananas, Crackers	14 Cheerios & Milk  Grilled Cheese Sandwiches, Mixed Vegetables, Sliced Apples & Milk  Cheese Its & Juice	15
16	17 Rice Crispy Cereal & Milk  Tuna Salad Sandwiches, Carrots, Applesauce, & Milk  Sliced Oranges, Crackers & H2O	18 Pancakes w/ syrup & Juice  Beef & Rice, Stir Fry Vegetables, Peaches & Milk  Graham Crackers & Juice	19 Bagels w/ cream cheese & Juice  Chicken Pasta, Broccoli, Pears & Milk  Trail Mix & Juice	20 Butter Grits & Juice  Baked Ziti, Mixed Vegetables, Sliced Apples & Milk  Carrots, Caramel Dip & Juice	21 Corn Puff Cereal & Milk  Meatloaf, Peas & Carrots, Mixed Fruit & Milk  Ritz Crackers, Cheese & H2O	22
23	24 Cornflakes & Milk  Chicken w/ Yellow Rice, Baked Beans & Peaches & Milk  Sliced Oranges, Crackers & H2O	25 Cinnamon Roll & Juice  Turkey Spaghetti, Garden Salad, Pears & Milk  Animal Crackers & Juice	26 Biscuit w/ Jelly & Juice  Beef Burgers, French Fries, Applesauce & Milk  Goldfish & Juice	27 Bagel w/ jelly & Juice  Cheese Pizza, Green Beans, Pineapples & Milk  Sliced Apples, Crackers & H2O	28 Cheerios & Milk  Chicken Salad Sandwiches, Carrots, Apple Slices & Milk  Bananas, Crackers & H2O	29
30	31 Rice Crispy Cereal & Milk  Chicken Salad Sandwiches, Carrots, Apple Slices & Milk  Bananas, Crackers & H2O					